# HALOTHERAPY WELLNESS SOLUTIONS

### **REST - RESTORE - RECOVER - RELAX**

## Halo-IR™ combines both Salt Therapy & Infrared

- · Improves respiratory health
- Improves immune resilience
- · Promotes detoxification
- · Helps dry skin conditions
- · Helps with chronic pain
- Relieves muscle tension and stress
- · Enhances sport performance
- Speeds up recovery

100% Natural & Drug Free Anti-bacterial & Anti-inflammatory





#### **Features**

- The only salt sauna in the world that features HaloProtectant<sup>™</sup> to ensure there is no salt corrosion on the infrared components
- EMF shielding with the lowest EMF levels in the industry
- Medical-Grade Chromotherapy
- Bluetooth Audio Sound System with KSARA Guided Meditation
- · Aromatherapy Holder
- Lifetime warranty on Halogenerator,
  5-year warranty on sauna
- 4 Sizes available including ADA
- Touchless therapy no staff required
- · 1-2 week delivery time from order

#### WHAT IS HAL OTHERAPY?

Halotherapy is also known as dry salt therapy. It is a holistic, drug free, natural therapy using micro particles of salt to promote better breathing, healthier skin, sounder sleep, improved physical fitness and overall wellness. Dry salt therapy also helps to alleviate symptoms of many respiratory and skin conditions.

## HOW DOES DRY SALT THERAPY WORK?

Dry pure grade sodium chloride is ground into very tiny micro-particles in a special machine called a Halogenerator.

These dry salt micro-particles are then dispersed into the salt room. As you relax in the dry salt room, particles are inhaled as well as land on the skin. The particles penetrate deep into the lungs, bronchi, bronchioles, and alveoli, as well as into the deeper layers of the skin







#### **BENEFITS**

**Halotherapy** can help many symptoms and conditions including:

- Respiratory conditions such as Asthma, Allergies, COPD, Coughs & Colds, Bronchitis
- Skin health & skin conditions such as Eczema, Psoriasis, Acne, Dry skin
- · Strengthens the immune system
- Improves endurance & physical performance

**Infrared** sauna has many benefits including:

- Detoxification
- Improving circulation
- · Skin purification
- Weight loss
- · Relief from sore muscles
- Relief from join pain
- Aiding better sleep and relaxation



